



## INVITATION

Friday to Sunday  
3 – 5 February 2012

Clarion Hotel Stockholm  
Stockholm, Sweden



### About the speaker

*Dr. Laney Nelson hails from Utah where he was in clinical practice for 25 years. He was educated at Western States Chiropractic College and received his Certified Chiropractic Sport Physicians certification from Southern California Health Science University and his diplomate in sports from the same University. He currently serves as the director of Sports and Rehabilitation at Logan College of Chiropractic and oversees the BioFreeze Center on Campus.*

*Dr. Nelson teaches in Logan Universities Masters of Sport and Exercise Science Program and oversees the externships, on field participation, and the sports performance and enhancement aspects of the program. He is currently directing the strength and conditioning programs for 4 different university and college programs in the St. Louis area with his two residents and the graduate assistant assigned to the master's degree program. Dr. Nelson is currently conducting research in manipulation with overhead throwing athletes, chronic hamstring dysfunction, spinal stability, and a concept of muscular sector management and training. He lectures internationally on his concepts of manipulation and spinal stability.*

## Decompression and Chiropractic manipulation

This seminar is designed to teach the participants how to correct dysfunctional spinal segments. It is a manipulative seminar supported by adjunctive tools which can make the delivery of the manipulative event more effective.

It will link diagnostic procedures to manipulative and rehabilitation procedures. The students will also learn how to use Chattanooga DTS decompression in the treatment of chronic and failed back syndromes. In addition, they will also learn to manipulate under decompression as well as looking at categorical rehabilitation procedures that will improve patient management. Dr. Nelson will also teach correcting movement pattern dysfunctions using the ATM2 protocols.

Eight student interns will assist in demonstrations and with the hands on portions of the lecture. The participants will walk away with new skills and a treatment plan that can be instituted in their practice come Monday morning. Participants are asked to wear comfortable clothing and **to bring a portable adjusting table along with them**. This is an active participation seminar.



LKR Service AB  
Bangårdsgatan 12  
745 34 Enköping  
Sweden

Telephone: +46-171-311 85  
Fax: +46-171-375 20  
E-mail: kansli@lkr.se

## Friday February 3<sup>th</sup>, 2012

- 12:30 - 13:00 Registration
- 13:00 - 13:30 **Anatomical review of soft tissues and their healing.**
- 13:30 - 14:00 **Tool application for soft tissues** - *Concepts of Gua Sha, Graston and Narson*
- 14:00 - 15:00 **Making the correct diagnosis** - *Discogenic/mechanical-, mechanoreceptor- and muscular pain.*
- Triangular manipulation** - Sequencing manipulation into a system.
- 15:00 - 15:30 Break
- 15:30 - 18:30 **Practical: Diagnosis, positioning and manipulation** - *Top down/bottom up-, long/short lever- and distractive/decompression manipulation.*

## Saturday February 4<sup>th</sup>, 2012

- 08:30 - 09:30 **Anatomical review of human discs**
- 09:30 - 10:00 **Understanding the treatment plan**
- 10:00 - 10:30 **Metrics of core stability/understanding decompression**
- 10:30 - 11:00 Break
- 11:00 - 12:30 **Practical: Spinal Decompression, Movement Pattern Therapy and Rehabilitation** - *Chattanooga DTS decompression/ATM2 in management of spinal pain, failed back syndromes and integration with medical practice*
- 12:30 - 14:00 Lunch
- 14:00 - 15:30 **Hands on practical continued**
- 15:30 - 16:00 Break
- 16:00 - 18:30 **SCA Spring meeting**
- 20:00 Dinner

*"Det bästa på länge. Intressant och utvecklande. Trots intensiv kurs med knappa pauser ville vi bara stanna kvar längre och lära oss mer. Utveckla kunskap om segmentell stabiliseringsstråning och integrera den med kiropraktiska tekniker för att förstärka effekten av vår behandling."*

*Marianne Lovgren*

# Time outline

## Sunday February 5<sup>th</sup>, 2012

08:30 – 10:00	<b>Hands on practical:</b> Timing of intervention - Soft tissue, manipulation and rehabilitation Manipulation under decompression - Cervical, Thoracic, Lumbar Pregnant patients
10:30 – 11:00	Break
11:00 – 13:00	<b>Hands on practical continued</b>
13:00 – 13:30	<b>Putting it all together</b>

*"Mycket inspirerande föreläsare i rehabilitering som verkligen har förmågan att se "out of the box". Mycket "hands on."*

*Bengt Axén*

*"Lanays kurs i Stockholm i maj 2010 gav mig verkligen inspiration till att framhäva min roll som kiropraktor inom rehabilitering och peak performance. Jag fick också en "aha" upplevelse när det gäller ATM bänkens fantastiska egenskaper att utveckla Klinikens kompetens inom performance care."*

*Jakob Petersen-Klingberg*



This seminar is awarded 15 CPD credits by the EAC

### Sponsors



**Clinicbuddy.com**  
Komplett mjukvara  
för kiropraktorer.

**ALOE VERA  
LINIMENT**  
Ett naturligt  
alternativ



**BIOFREEZE**  
Smärtlindring  
som fungerar!



# Övrig Information



## Kursavgift:

LKR medlemmar 2500:- + moms

VUKass 0:-

Student 750:- + moms

Övriga icke medlemmar 3500:- x moms

Anmälningssblankett finns att ladda ner på [www.lkr.se](http://www.lkr.se)

Vid frågor tag kontakt med Ellinore på kansliet:

Adress:

Bangårdsgatan 12

745 34 Enköping

Tel: 0171-311 85

Fax: 0171-375 20

Mail: [kansli@lkr.se](mailto:kansli@lkr.se)

#

**Aktuellt hotel:**

Clarion Hotel, Stockholm

Hemsida:

<http://www.clarionstockholm.com/>

Adress:

Ringvägen 98

Box 20025

104 60 STOCKHOLM

Tel: 08-462 10 00

Fax: 08-462 10 99

Mail: [cl.stockholm@choice.se](mailto:cl.stockholm@choice.se)